

# What did Warhorses Eat?

**A: Eggs**



**B: Bran**



**C: Bread**



**D: Oats**



**E: Bacon**



**G: Honey**



**F: Grass**



**H: Sugar**



**I: Garlic**



**J: Hay**



**K: Vinegar**

**A:** No! Eggs were used for making poultices for horses. **B:** Yes! Bran, though not eaten in great quantities, was a part of a medieval warhorse's diet. **C:** Yes! Horsebread was made up of ground legumes that were baked into bread and could be taken on campaign. **D:** Yes! Oats were a huge part of the diet of warhorses, especially destriers. **E:** No! But bacon fat was used to treat horses hooves. **F:** Yes! Grass and fodder make up a huge part of horses' diets today. **G:** No! Honey was used for treating and cleaning wounds, but was not fed to the horses. **H:** No! Horses might have a sweet tooth, but sugar is bad for their teeth, and was very rare and expensive in the Middle Ages. **I:** No! Garlic was used in medicinal treatments but not fed to horses. **J:** Yes! Hay made up a huge proportion of the warhorse's diet. **K:** No! Vinegar, made with wine or perhaps even apples, was used for cleaning wounds and making bandages for horses.